

## Whole Blood Donor Qualification Information

Whole Blood Donor Qualifications	<ul style="list-style-type: none"> <li>• Must be at least 17 years of age or 16 years of age with signed parental consent.</li> <li>• Must weigh at least 110 pounds.</li> <li>• Must wait 56 days between donations.</li> <li>• Must be in good general health.</li> <li>• Must be symptom free for 72 hours after a cold or influenza.</li> <li>• Must not have any open cuts.</li> <li>• First time donors need a photo ID.</li> <li>• Must not be pregnant</li> <li>• Must wait 24 hours after dental cleaning and 72 hours after tooth extractions/root canal</li> </ul>
Medications	Most people taking medications, even prescription medications (including treatment of diabetes, high blood pressure and high cholesterol), are accepted as blood donors. During the donor interview, the medications will be checked in the Medical Criteria Manual to ensure the safety of the donor's and recipient's health.
Immunizations	<p>1-year wait: hepatitis B immune globulin (given for exposure to hepatitis).</p> <p>4-week wait: chickenpox, German measles (rubella), typhoid oral vaccine.</p> <p>2-week wait: measles (rubeola), mumps, oral polio, yellow fever.</p> <p>8-week wait: smallpox. Recombivax for hepatitis B(preventative)</p> <p><b>Okay:</b> most toxoids, killed vaccines and influenza.</p>
Temporary Deferral	<p>1 year: Anyone who has taken anti-malarial drugs or had malaria, or traveled to a malarial risk area. Anyone who has received blood or plasma or has had certain major surgeries. <b>Anyone who has had a tattoo, body and ear piercing or accidental needlestick.</b> Anyone who has had rabies shots, syphilis, or has had sexual contact with those in a high-risk group for AIDS.</p> <p>3 years: Lived in risk area or had malaria.</p>
Permanent Deferral	Infectious hepatitis, AIDS, leukemia, lymphoma, chronic kidney disease, family history of Creutzfeld-Jakob disease (CJD), anyone who has spent time in UK that adds up to 3 months between 1980 and 1996 and anyone who has spent time in Europe that adds up to 5 years since 1980, dura mater transplant, or anyone testing positive to a hepatitis or HIV test, or is a member of a high risk group for AIDS. Cancer and heart disease must be evaluated by the screener.

**REMINDERS:** You need to eat a meal before donating blood.  
You should refrain from strenuous activity for 24 hours after donating blood.

**Please call (574) 234-1157 if you have any questions about blood donor qualifications.**